



Agile Coaching Skills Curriculum



CURRICULUM FOR AGILE COACHING SKILLS

1. Facilitation Skills

Learning Outcome:

In this module, you will learn to plan and facilitate sessions that foster active participation, collaborative decision-making, and effective communication.

Topics:

- Identify considerations for planning an effective session, including specific actions to take before, during, and after the session.
- Recognize active listening skills through body language, verbal cues, and other neuro-diverse listening techniques.
- Identify ways to build consensus and ensure a collaborative session.

2. Teaching Skills

Learning Outcome:

In this module, you will learn to foster learning through storytelling, classroom management, and diverse teaching methods.

Topics:

- Identify how to create an environment that supports continuous learning, both informal and formal.
- Recognize the need for classroom management strategies.

3. Mentoring Skills

Learning Outcome:

In this module, you will explore how to balance coaching and advising to support mentee growth.

Topics:

- Identify how to balance a coaching versus advising approach.
- Describe techniques to help individuals recognize areas of weakness and create positive change for themselves.
- Identify how to share subject matter expertise with the mentee in the areas of need.

4. Advising Skills

Learning Outcome:

In this module, you will explore learning to build trust, ask meaningful questions, give effective feedback, and set boundaries.

Topics:

- Identify techniques for connecting with people on a personal level and building trust.
- Identify how to form open-ended questions aimed at understanding your client's goals and constraints.
- Identify guidelines for delivering effective feedback through actively seeking input, listening attentively, and responding with actionable steps.
- Identify guidelines for setting boundaries.

5. Leading Skills

Learning Outcome:

In this module, you will learn to inspire through responsibility, resilience, and fostering transparency and collaboration.

Topics:

- Identify how to inspire others through techniques such as storytelling, taking responsibility for your actions, and connecting with people on a human level.
- Identify how empiricism can help create a transparent culture and learn from mistakes.
- Identify guidelines for modeling agility through transparency, failure, and collaboration.

6. Coaching Skills

Learning Outcome:

In this module, you will focus on empowering team reflection, setting clear expectations, and implementing constructive feedback.

Topics:

- Recognize powerful questions that facilitate team reflection and self-discovery.
- Identify how to create a clear coaching agreement outlining roles, responsibilities, expectations, and the overall coaching framework.

7. Agile Coaching Skills Scenario

Learning Outcome:

In this module, you will apply what you have learned using real-world scenarios to apply agile skills in diverse fields.

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